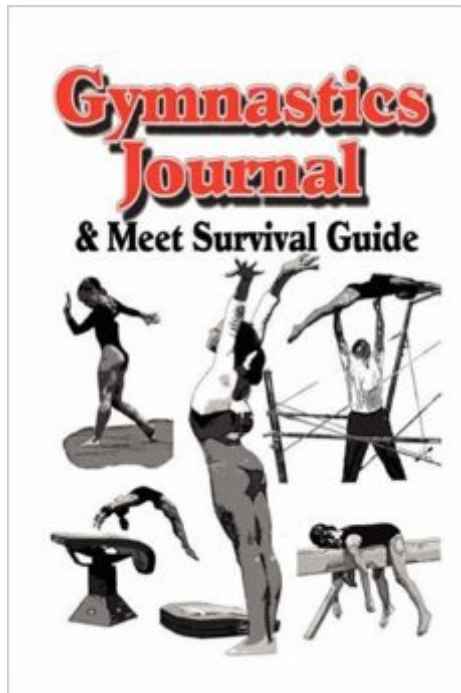


The book was found

Gymnastics Journal & Meet Survival Guide



Synopsis

Pictures and videos are great but not nearly as accessible and personal as a journal written and created by you. This is your journal, a personal record of your experiences as a competitive gymnast. Someday, maybe that day is today, you can look back and see the person you were as you began your career as a competitive gymnast. You can reminisce alone, share it with friends, or inspire your own children to reach for their goals and learn from your experience. A new world of experience awaits you at each level of gymnastics competition. Use this journal to record every thrilling moment! Go to www.GymnasticsTrainingTips.com for more information. Makes a great birthday or holiday gift for that special gymnast in your life!

Book Information

Paperback: 140 pages

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,078,303 in Books (See Top 100 in Books) #102 in [Books > Children's Books > Sports & Outdoors > Gymnastics](#) #398 in [Books > Sports & Outdoors > Individual Sports > Gymnastics](#) #15651 in [Books > Children's Books > Holidays & Celebrations](#)

Customer Reviews

If there's one thing young girls LOVE to do, it's write in a journal. Rik Feeney's "Gymnastics Journal & Meet Survival Guide" is informative AND great fun. Along with gymnastics backgrounds on the journal pages, he's also included leotard design pages and meet tracking forms. This would make a terrific gift for any gymnast. Wish we'd had something like this when my daughters were involved - now I can send one to my granddaughter, though!

Rik Feeney has created a beautiful book that will keep young gymnasts happily engaged before, during, and after meets. The photo-drawings alone are worth the price of the book. Where was this book when my daughter was competing?

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